

Combined South Coast Primary & Secondary Schools Swimming Trials 2012 Program of Events

DAY 1 – MONDAY 27 FEBRUARY 2012

Commence at 5.00pm

Event	Age Group	Sex	Qualifying Standards For Regionals		Age Divisions
			Boys	Girls	
400m Freestyle	13yrs – 19yrs	Mens / Womens	See attached sheet for qualifying standards		Multi-age
100m Butterfly	12yrs & Under	Boys / Girls	See attached sheet for qualifying standards		Open division
	10yrs	Boys / Girls			Individual age groups
	11yrs	Boys / Girls			
	12yrs	Boys / Girls			
	13 / 14yrs	Mens / Womens			
	15 / 16yrs	Mens / Womens			
	17 – 19yrs	Mens / Womens			
				Individual age groups	
50m Freestyle	SWD 10-19yrs	Mens / Womens	Qualifying standards <u>Not</u> required for regionals		Multi-age / Multi disability
	10yrs	Boys / Girls			Individual age groups
	11yrs	Boys / Girls			
	12yrs	Boys / Girls			
	13yrs	Mens / Womens			
	14yrs	Mens / Womens			
	15yrs	Mens / Womens			
	16yrs	Mens / Womens			
17-19yrs	Mens / Womens				
200m Backstroke	13- 19yrs	Mens / Womens	See attached sheet for qualifying standards		**Combined age groups
200m Breaststroke	13- 19yrs	Mens / Womens	See attached sheet for qualifying standards		**Combined age groups
50m Butterfly	SWD 10-19yrs	Mens / Womens	Qualifying standards <u>Not</u> required for regionals		Multi-age / Multi disability
	10yrs	Boys / Girls			Individual age groups
	11yrs	Boys / Girls			
	12yrs	Boys / Girls			
	13yrs	Mens / Womens			
	14yrs	Mens / Womens			
	15yrs	Mens / Womens			
	16yrs	Mens / Womens			
17-19yrs	Mens / Womens				
200m Freestyle	SWD 10 –19yrs	Mens / Womens	Qualifying standards <u>Not</u> required for regionals		Multi-age / Multi disability
	12yrs & U	Boys / Girls	See attached sheet for qualifying standards		Open Division
	13- 19yrs	Mens / Womens	See attached sheet for qualifying standards		**Combined age groups

- **100M form stroke events-** Whilst these will be swum as a **combined age groups** event at regional trials, students will be placed and nominated to state championships in their respective age group (13, 14, 15,16, 17-19yrs) **NB. The same will happen at the State Championships**
- **200M & 400M events-** Whilst these will be swum as a **multi-age event** at regional trials, students will be placed and nominated to state championships in their respective age group (13, 14, 15,16,17-19yrs) **NB. The same will happen at the State Championships**
- **AWD events** will be run as multi-age and multi disability events at regional trials, but students will be nominated in their respective age group for the state championships (10-12), (13 –15) & (16-19).

Combined South Coast Primary & Secondary Schools Swimming Trials 2012 Program of Events

DAY 2 – WEDNESDAY 29 FEBRUARY 2012

Commence at 5.00pm

Event	Age Group	Sex	Qualifying Times for Regionals		
			Boys	Girls	
100m Breaststroke	10yrs	Boys / Girls	See attached sheet for qualifying standards		Open Division
	11yrs	Boys / Girls			
	12yrs	Boys / Girls			
	13 / 14yrs	Mens / Womens			
	15 / 16yrs	Mens / Womens			**Combined age groups
	17 – 19yrs	Mens / Womens			Individual age group
50m Backstroke	SWD 10-19yrs	Mens / Womens	Qualifying standards <u>Not</u> required for regionals		Multi-age / Multi disability
	10yrs	Boys / Girls			
	11yrs	Boys / Girls			
	12yrs	Boys / Girls			
	13yrs	Mens / Womens			
	14yrs	Mens / Womens			
	15yrs	Mens / Womens			
	16yrs	Mens / Womens			
17-19yrs	Mens / Womens	Individual age groups			
100m Freestyle	SWD 10-19yrs	Mens / Womens	See attached sheet for qualifying standards		Multi-age / Multi disability
	10yrs	Boys / Girls			
	11yrs	Boys / Girls			
	12yrs	Boys / Girls			
	12yrs & Under	Boys / Girls			Individual age groups
	13yrs	Mens / Womens			
	14yrs	Mens / Womens			
	15yrs	Mens / Womens			
	16yrs	Mens / Womens			
	17-19yrs	Mens / Womens			**Combined age groups
50m Breaststroke	SWD 10-19yrs	Mens / Womens	Qualifying standards <u>Not</u> required for regionals		Multi-age / Multi disability
	10yrs	Boys / Girls			
	11yrs	Boys / Girls			
	12yrs	Boys / Girls			
	13yrs	Mens / Womens			
	14yrs	Mens / Womens			
	15yrs	Mens / Womens			
	16yrs	Mens / Womens			
	17-19yrs	Mens / Womens			Individual age groups
200m Ind. Medley	SWD 10 –19yrs	Mens / Womens	Qualifying standards <u>Not</u> required for regionals		Multi-age / Multi disability
	10yrs	Boys / Girls	See attached sheet for qualifying standards		Individual age groups
	11yrs	Boys / Girls			
	12yrs	Boys / Girls			
	13- 19yrs	Mens / Womens			Combined age groups
100m Backstroke	SWD 10 -19yrs	Mens / Womens	Qualifying standards <u>Not</u> required for regionals		Multi-age / Multi disability
	10yrs	Boys / Girls	See attached sheet for qualifying standards		Individual age groups
	11yrs	Boys / Girls			
	12yrs	Boys / Girls			
	13 / 14yrs	Mens / Womens			
	15 / 16yrs	Mens / Womens			
	17 – 19yrs	Mens / Womens			**Combined age groups
		Individual age group			
200m Butterfly	13- 19yrs	Mens / Womens	See attached sheet for qualifying standards		**Combined age groups
200m Butterfly	13- 19yrs	Mens / Womens	See attached sheet for qualifying standards		**Combined age groups

Combined South Coast Primary & Secondary Schools Swimming Trials
2012 QUALIFYING STANDARDS to REGIONAL TRIALS

MENS EVENTS

		10 years	11 years	12 years	13 years	14 years	15 years	16 years	17-19 years	SWD 13 – 15 & 16 – 19 yrs
50 metres	Freestyle	No qualifying standards apply for these events at regional trials								
50 metres	Breaststroke									
50 metres	Backstroke									
50 metres	Butterflystroke									
100 metres	Freestyle	1.34.00	1.29.00	1.24.00	1:15.00	1:13.00	1:11.00	1:10.00	1.09.50	No Qualifying times at regionals
100 metres	Backstroke	1.45.00	1.42.00	1.38.00	1:27.00	1:25.00	1:23.00	1:22.00	1:18.00	
100 metres	Breaststroke	1.58.00	1.52.00	1.45.00	1:38.00	1:36.00	1:34.00	1:32.00	1:30.00	
100 metres	Butterflystroke	1.46.00	1.41.00	1.36.00	1:25.00	1:23.00	1:21.00	1:19.00	1:15.00	
200 metres	Freestyle	2.44.00	2.44.00	2.44.00	2:30.00	2:28.00	2:25.00	2:22.00	2:20.00	No Qualifying times at regionals
200 metres	Breaststroke				3:15.00	3:10.00	3:06.00	3:03.00	3:00.00	
200 metres	Backstroke				2:55.00	2:50.00	2:45.00	2:41.00	2:36.00	
200 metres	Butterflystroke				2:55.00	2:52.00	2:46.00	2:40.00	2:35.00	
200 metres	Individual Medley	3.38.00	3.24.00	3.18.00	2:50.00	2:48.00	2:45.00	2:42.00	2:40.00	No Qualifying times at regionals
400 metres	Freestyle				5:15.00	5:05.00	5:00.00	4:55.00	4:45.00	
400 metres	Individual Medley				5:50.00	5:45.00	5:35.00	5:30.00	5:20.00	
		13 - 19 years (Open Age)								
800 metres	Freestyle						9:10.00			
1500metres	Freestyle						18:40.00			

NOTES

- All students must be enrolled in an affiliated school, college, special school or school of distance education.
- Ages are calculated as year of birth eg a student in the 15 years events must be born in 1995
- 400IM, 800M & 1500M Freestyle are straight State Qualifying Times as they are paper nominations

Combined South Coast Primary & Secondary Schools Swimming Trials
2012 QUALIFYING STANDARDS to REGIONAL TRIALS

WOMENS EVENTS

		10 years	11 years	12 years	13 years	14 years	15 years	16 years	17-19 years	SWD 13 – 15 & 16 – 19 yrs
50 metres	Freestyle	No qualifying standards apply for these events at regional trials								
50 metres	Breaststroke									
50 metres	Backstroke									
50 metres	Butterflystroke									
100 metres	Freestyle	1:34.00	1:29.00	1:24.00	1:19.00	1:17.00	1:15.00	1:14.00	1:14.00	No Qualifying times at regionals
100 metres	Backstroke	1:45.00	1:42.00	1:38.00	1:32.00	1:29.00	1:27.00	1:26.00	1:26.00	
100 metres	Breaststroke	1:58.00	1:52.00	1:45.00	1:41.00	1:39.00	1:38.00	1:36.00	1:33.00	
100 metres	Butterflystroke	1:46.00	1:41.00	1:36.00	1:30.00	1:28.00	1:26.00	1:24.00	1:22.00	
200 metres	Freestyle	2:44.00	2:44.00	2:44.00	2:38.00	2:36.00	2:34.00	2:32.00	2:30.00	No Qualifying times at regionals
200 metres	Breaststroke				3:20.00	3:15.00	3:13.00	3:12.00	3:10.00	
200 metres	Backstroke				3:00.00	2:56.00	2:52.00	2:48.00	2:46.00	
200 metres	Butterflystroke				3:00.00	2:56.00	2:54.00	2:52.00	2:48.00	
200 metres	Individual Medley	3:38.00	3:24.00	3:18.00	2:58.00	2:55.00	2:52.00	2:50.00	2:49.00	No Qualifying times at regionals
400 metres	Freestyle				5:25.00	5:15.00	5:10.00	5:10.00	5:10.00	
400 metres	Individual Medley				6:00.00	5:50.00	5:45.00	5:40.00	5:35.00	
		13-19 years (Open Age)								
800 metres	Freestyle						9:50.00			
1500metres	Freestyle						19:50.00			

NOTES

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