



# TSS

## SWIMMING

# 2011 / 2012 TSS PREP

## Swimming Competition Calendar

### CIC TRAINING

Term 4 2011

Mon & Wed 6.15am – 7.30am, (03<sup>rd</sup> October – 23<sup>rd</sup> November 2011)

Term 1 2012

Mon & Wed 6.15am – 7.30am, (25<sup>th</sup> January – 26<sup>th</sup> March 2012)

### SQUAD CONTACTS

Office 5531-9919

Head Coach – David.Proud@tss.qld.edu.au

Mobile 0404-836-053

Co-ordinator – Janice.Cole@tss.qld.edu.au

Date	Day	Time	Event	Location	Eligibility	Arrangements
30/9 & 1/10	Fri/ Sat	Evening/ Morning	TSS Aquatic Spring Qualifying Meet	TSS	SQ Registered Swimmers	Nominations to Janice Cole, closing date : 21 Sept 2011
3 Oct	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
5 Oct	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
10 Oct	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
12 Oct	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
17 Oct	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
19 Oct	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
24 Oct	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
26 Oct	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
31 Oct	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
2 Nov	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
7 Nov	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
9 Nov	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
11 Nov	Fri	2.00-4.00pm	CIC Time Trials & Training Day	TSS	Selected Swimmers only	Meet at Pearson Bldg 1.30pm, walk to TSS Senior School
14 Nov	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
16 Nov	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
21 Nov	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
23 Nov	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
25 Nov	Fri	5.45-8.00pm	CIC Time Trials/TSS Aquatic Night	TSS	All Squad	Nominations to Janice Cole by Monday 21 Nov 2011
14 Jan	Sat	8.00am	TSS Aquatic Open Sprint Meet	TSS	SQ Registered Swimmers	Nominations to Janice Cole, closing date: 04 Jan 2012
25 Jan	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
30 Jan	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
31 Jan	Tues	1.30-3.15pm	Year 3 Time Trials	TSS	Year 3	Timekeepers will be required, please contact Janice Cole
1 Feb	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
1 Feb	Wed	12.30-3.15pm	Year 6 & 7 Time Trials	TSS	Year 6 & 7	Timekeepers will be required, please contact Janice Cole
2 Feb	Thurs	1.15-3.15pm	Year 5 Time Trials	TSS	Year 5	Timekeepers will be required, please contact Janice Cole
3 Feb	Fri	2.00-7.30pm	Lead Up Meet Number 1	Nudgee	Selected Swimmers only	Meet at Pearson Bldg 2pm, return Senior School 7.30pm
6 Feb	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
8 Feb	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
10 Feb	Fri	7.30-2.00pm	TSS Prep House Swimming Carnival	TSS	Years 3-7	Carnival Programme can be viewed on Edukite . Championship Events / Athletes on Edukite 6/2/2011
11 Feb	Sat	12.00pm	Selection for Primary Districts	Janice Cole	Born 2002, 2001, 2000	Swimmers advised by telephone if selected for Districts
13 Feb	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
13 Feb	Mon	8.00-3.00pm	GC North Primary Districts Carnival	Southport	Selected Swimmers only Born 2002, 2001, 2000	Meet at Southport Olympic Pool at 8.00am. Rep Uniform. Swimmers make own transport arrangements to and from.
15 Feb	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
17 Feb	Fri	2.00-7.30pm	Lead Up Meet Number 2	Moreton Bay	Selected Swimmers only	Meet at Pearson Bldg 2pm, return Senior School 7.30pm
17 Feb	Fri	9.00-2.00pm	Independent Districts Carnival	TSS	Year 7 boys born 1999	<b>Date to be confirmed</b> Nominations to Janice Cole, closing date: 10 <sup>th</sup> Feb 2012



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Term 1 2012

Mon & Wed 6.15am – 7.30am, (03<sup>rd</sup> October – 23<sup>rd</sup> November 2011)  
Mon & Wed 6.15am – 7.30am, (25<sup>th</sup> January – 26<sup>th</sup> March 2012)

### SQUAD CONTACTS

Office 5531-9919  
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Head Coach – David.Proud@tss.qld.edu.au  
Co-ordinator – Janice.Cole@tss.qld.edu.au

Date	Day	Time	Event	Location	Eligibility	Arrangements
20 Feb	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
22 Feb	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
24 Feb	Fri	2.00-7.30pm	Lead Up Meet Number 3	TSS	Selected Swimmers only	Meet at Pearson Bldg 2pm, walk over to Senior School
25 Feb	Sat	12.00pm	CIC Championship Team Finalised	Janice Cole		Team List can be viewed on Edukite
27 Feb	Mon	6.15-7.30am	CIC Training / CIC Championship Team Announced	TSS	All Squad	All selected Swimmers MUST attend this Training Session
27 Feb	Mon	4.30-9.30pm	South Coast Regional Trials	TSS	Selected Swimmers only	Warm up commences 4.30pm, own transport arrangements.
29 Feb	Wed	6.15-7.30am	CIC Training	TSS	All Squad	
29 Feb	Wed	4.30-9.30pm	South Coast Regional Trials	TSS	Selected Swimmers only	Warm up commences 4.30pm, own transport arrangements
2 Mar	Fri	2.00-4.00pm	CIC Team Training Day	TSS	Selected Team only	Meet at Pearson Bldg 1.30pm, walk to TSS Senior School
5 Mar	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
6 Mar	Tues	5.00-4.00pm	CIC Championships	Chandler	Selected Team only	Meet at Pearson Bldg 5.00am sharp! for Team Presentation/ Breakfast, return to Senior School approximately 4.00pm
7 Mar	Wed	NO SESSION				
12 Mar	Mon	6.15-7.30am	CIC Debrief / Relay Session / BBQ	TSS	All Squad	Debrief from Championships and fun Relay session! BBQ!
14 Mar	Wed	NO SESSION				
19 Mar	Mon	6.15-7.30am	CIC Training	TSS	All Squad	
21 Mar	Wed	No SESSION				
26 Mar	Mon	6.15-7.30am	CIC Training	TSS	All Squad	Final session for Term 1, 2012

### Selection Criteria for the Gold Coast North Primary Districts Carnival:

The Team to represent TSS at the Primary Districts Carnival will be selected after the Prep Carnival on 10<sup>th</sup> February, giving Swimmers the maximum opportunity to achieve their fastest qualifying times. Selection is based on fastest times on record, times used for selection are limited to : Official Long Course times listed on the SQ database for the period of 01 January 2011 to 10<sup>th</sup> February 2012, and official times achieved at the CIC Championships 2011, Time Trials 25<sup>th</sup> Nov, TSS Aquatic Meets 30/9 -1/10, & 14/1/2012, TSS Prep Carnival 10/2/2012.

Swimmers will be informed of their selection to the GC North Primary Districts Representative Team by telephone on Saturday 11<sup>th</sup> February, by Janice Cole. Swimmers will be informed of the events in which they will compete at that time.

Competition events are selected by the Head Coach – David Proud.

Boys in Year 7 born in 1999 – do not compete at the GC North Primary Districts Carnival. You compete at the Independent Districts Carnival held here at TSS. You must nominate for your own events. Nominations to Janice Cole, Nominations close on Friday 10<sup>th</sup> February 2012.

### Please note:

Selection to the GC North Primary Districts Representative Team does not mean automatic selection to the CIC Championship Team. The final team will be released on Edukite on Saturday 25<sup>th</sup> February and announced at the CIC Training Session on Monday 27<sup>th</sup> February, all Swimmers who are selected to the final team MUST attend this session on the 27<sup>th</sup> February 2012.

### Selection to the South Coast Regional Trials:

Swimmers that achieve a top 5 fastest time in each Age Group (10yrs, 11yrs, 12yrs) in each event at the GC North Primary Districts Carnival are selected to attend the South Coast Regional Trials. Selection is subject to achieving qualifying times.

TSS will be sent confirmation of Swimmers that have been selected after the completion of the Primary and Independent District Carnivals.

*A terrific School Competition season ahead - train hard – race well !*